

# Feel lighter. Move better. Look more sculpted.

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## Lymphatic Drainage, Post-Op Recovery, & Body Contouring

Golden Silhouette is a **top-rated wellness spa** specializing in body contouring, therapeutic massage, and lymphatic drainage Los Angeles clients trust.

Our structured, results-driven approach focuses on circulation, recovery, body refinement, and customized treatments designed to help clients feel healthier, more energized, and more confident in their bodies, all within a private, elevated spa setting.



## Support Your Wellness, Recovery, and Body Contouring Goals

Our treatments combine body contouring, lymphatic drainage, and therapeutic massage techniques designed to improve circulation, recovery, and **sustainable weight management** while helping the body feel more balanced and refined.

Our clients come to us for:

- ☑ Bloating and water retention
- ☑ Stubborn fat and cellulite
- ☑ Weight loss plateaus
- ☑ Post pregnancy recovery
- ☑ Post surgery recovery
- ☑ Recovery and inflammation support

[CHOOSE FROM OUR TREATMENTS](#)



# Advanced Treatments for Body Contouring and Detox

Our treatments combine targeted techniques designed to improve circulation, reduce fluid retention, and support visible body refinement.

Each treatment is customized to improve contour, recovery, and skin texture, with many clients noticing smoother definition and a more refreshed feeling within just a few sessions.

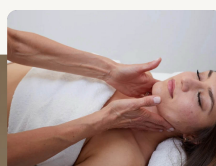
[VIEW ALL TREATMENTS](#)



## Post-Op Recovery Massage

Gentle post op recovery massage in Beverly Hills to reduce swelling, support healing, and improve circulation after surgery.

[Learn more →](#)



## Face Glow Therapy

Rejuvenating facial massage in Beverly Hills to hydrate skin, boost circulation, and restore a natural, radiant glow.

[Learn more →](#)



## Deep Tissue Massage

Expert deep tissue massage in Beverly Hills designed to relieve chronic tension, improve mobility, and support long term muscle recovery.

[Learn more →](#)



## Swedish Massage

Our Swedish massage in Beverly Hills offers a refined, restorative experience designed to calm the nervous system and promote full body relaxation.

[Learn more →](#)



## The Golden Silhouette

Our signature treatment, The Golden Silhouette, combines body contouring, lymphatic drainage, and therapeutic massage techniques to support circulation, detoxification, visible body refinement, and a more sculpted silhouette.

This treatment is ideal for:

- ✔ Body contouring and sculpting support
- ✔ Fluid retention and detox support
- ✔ Weight loss and slimming support
- ✔ Cellulite refinement
- ✔ Improved circulation and lymphatic flow
- ✔ Smoother skin texture and recovery support

Using precise sculpting inspired by palper rouler alongside lymphatic drainage techniques, each session is customized to support visible, long-term results while helping the body feel lighter, smoother, and more refined.

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## Why Lymphatic Drainage Matters

Your lymphatic system plays an important role in circulation, recovery, detoxification, and the body's natural fluid balance. When lymph flow slows down, the body can begin holding excess fluid, inflammation, and tension that affect both comfort and visible body contour.

Our **lymphatic drainage treatments** are designed to encourage fluid movement, improve circulation, and support the body's natural recovery process.

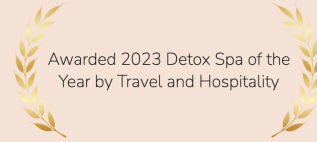
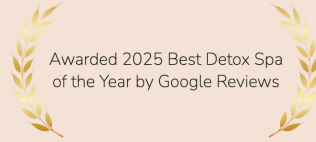
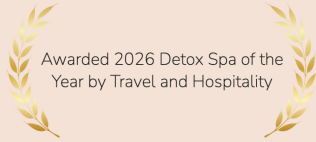
As part of our body contouring and wellness programs, lymphatic drainage helps reduce puffiness, improve recovery, and support smoother, more refined results over time.

[LEARN MORE](#)







# Golden Silhouette is a massage spa in Los Angeles specifically certified for MLD and Detox Treatments



AWARD WINNING BEVERLY HILLS LUXURY SPA





## What our clients are saying

 **Sujit sanniyashi**   
★★★★★  
5 months ago

 **Md Ainul**   
★★★★★  
9 months ago

 **Meryl Hadida**   
★★★★★  
a year ago

Wonderful place! Sonya is very knowledgeable, she really knows what she is doing and sweeps away cellulite! You will see a difference in a



 **Jeffery Sliter**   
★★★★★  
Edited a year ago

Sonya is a marvel. Her technique, knowledge, and above all her positive and sunny personality, are exemplary. I always have experienced

REVIEW YOUR EXPERIENCE



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